



ISSUE ELEVEN

CULPEPER MINUTES

A Publication of the Culpeper County Board of Supervisors

SPRING 2003

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This newsletter is a quarterly publication to the citizens of Culpeper County by the Board of Supervisors. It is designed to present and to provide information about issues affecting those who live in Culpeper. Approximately 17,000 copies are distributed, one to each mail address in Town, County, and to each U.S.P.S. Box within the Town and County of Culpeper.

The newsletter is also available online at

www.culpepercounty.gov

Comments and suggestions may be emailed to:

dhoffman@culpepercounty.gov

A Message from the Board of Supervisors

This is our first newsletter of the New Year. As we embark upon 2003, County business is continuing to move at a brisk pace. We are closely monitoring the pace of development, and there are many other issues also requiring our attention. The first few months of this year promise to be dominated by the budget process. Despite the difficulties at the State level, we expect to balance our budget for fiscal year 2003-2004 without any significant reduction in government services.

Noteworthy items that I wish to mention to you include the successful finalization of a Town and County Water and Sewer Agreement, our continuing progress toward construction of the Culpeper Community (youth sports) Complex, and our efforts regarding the announcement of the opening of a Lowe's Home Center in Culpeper. We are still engaged with State officials as to the future of the Juvenile Center at Coffee-wood.

We hope that this, the eleventh issue of the Culpeper Minutes, proves to be informative to you. Please give us your thoughts, comments, and suggestions, and please feel free to contact any member or members of the Board of Supervisors regarding any issue of concern to you. You may email us at: supervisors@culpepercounty.gov

Steven L. Walker, Vice Chairman
East Fairfax

William C. Chase, Jr.
Stevensburg

Sue D. Hansohn
Catalpa

James C. Lee
Cedar Mountain

Brad Rosenberger
Jefferson

Carolyn S. Smith
West Fairfax

For the Board,

John F. Coates, Chairman
Salem District

Meetings of the Board of Supervisors are held the first Tuesday of each month: at 10 a.m. for general County business and at 7 p.m. for a public forum, planning business and public hearings. Agendas are available prior to the meetings on the County web site at www.culpepercounty.gov and minutes are available following the meetings. Video coverage is provided by Channel 21.

Please phone 540-727-3427 for general County information and business.

Drought Relief Funds Available Now for Replacement Wells

The Dry Well Replacement Program (DWRP) is a new, temporary program in which \$2.5 million has been reserved by the Commonwealth of Virginia to provide financial assistance to low- and moderate-income households who have experienced a complete loss of water at their private water source as a result of drought conditions in 2002. Culpeper County is partnering with Rapidan Better Housing, who will administer this new program.

Culpeper County homeowners may qualify for zero interest loans and/or grants (up to \$5000) if their source of water is dry or has been unusable for a sustained period of time; and the household's gross income is below the U.S. Department of Housing and Urban Development's Section 8 low – and moderate – income criteria of 80 per cent of the area median by family size. (ex. family of 4 must have income less than \$49,100). Funds are made available to individuals as a 0 per cent interest loan amortized over 10 years. Payback of the loan is predicated on the client's ability-to-pay and may be partially or totally forgiven on a case by case basis.

Eligible activities include: payment for permitting; drilling and well installation; associated costs of installing the well including grouting, housing, liner, pumps, and service lines; extension of public water line and residential connections to public systems with the \$5,000 per house cost limit. This program will not pay for drilled holes that do not result in finding water.

For additional program information and for program applications please call Janet Herr at Rapidan Better Housing, 540-948-3274 or Jo Ann Lomax at 800-817-9477. Funds are limited. Early application is strongly recommended.

What is the Future of G. W. Carver-Piedmont Education Center?

The counties of Orange, Madison and Rappahannock are passing the ownership of the G. W. Carver-Piedmont Education Center to the County of Culpeper.

With that transition in mind Sue Hansohn, Catalpa Supervisor, with the approval of the County Board of Supervisors, has created a study committee of local citizens. The committee includes John Jenkins, Tim McWilliams, Larry Aylor, Frank Bossio, Dr. David Cox, Reverend Billy Scott and Bill Mercer, Director of Vocational Education for the Virginia Community College System, to plan for the future use of the school.

At the present time, an automotive technology class of Germanna Community College is located at the school, as well as Adult Education classes. We are working on a program to offer classes to help students qualify to become linemen to work on electrical power lines for the power companies.

Please see pages 14 and 15 of this newsletter for a list of classes presently offered and information on the G.E.D. program.

If you have any suggestions for uses of the school, please contact Sue Hansohn @ 825-1893.



G.W. Carver-Piedmont Education Center, located on Route 15 south of the Town of Culpeper.

Thank you for your 2002 Voluntary Contributions

The Board of Supervisors, faced with a tight budget and increasing demands upon limited funds, voted to accept donations from citizens to six designated County agencies. The result was that the County received an extra \$10,273.78 spread among the six agencies.

There were 321 contributors who made 477 contributions ranging from \$1.56 to \$200. Contributions were received for just one agency or for all six. The average contribution per citizen was \$32.01 and the average contribution to an agency was \$21.54.

Citizens voluntarily contributed a total of \$10,273.78 for FY2002.

Donations were made to the following agencies:

Animal Shelter	\$4,405.57
Library	1,448.45
Community Complex	614.20
Schools Athletic Programs	361.00
DSS Children's Programs	2,385.44
Schools Capital Improvement Programs	1,059.12

Culpeper County Office Phone Numbers

CULPEPER COUNTY:
GENERAL INFORMATION 727-3427
AIRPORT
12517 Beverly Ford Road 825-8280
Flight Maintenance 727-8400
ANIMAL CONTROL 547-4477
Emergency After Hours 727-3400
BOARD OF SUPERVISORS
302 North Main Street 727-3427
BUILDING INSPECTIONS & PERMITS
302 North Main Street 727-3405
COMMISSIONER OF REVENUE
135 W. Cameron Street 727-3443
Land Use 727-3443
Property Assessments 727-3443
State Income Taxes 727-3443
Tax Relief 727-3443
COMMONWEALTH'S ATTORNEY
135 West Cameron St 727-3441
Crime Victims Assistance 727-3413
COMMUNITY DEVELOPMENT
Building Inspections & Permits 727-3405
Economic Development 727-3410
Emergency Services 727-3411
Environmental Services 727-3409
Parks and Recreation 727-3412
Planning and Zoning 727-3404
COOPERATIVE EXTENSION 727-3435
COUNTY ADMINISTRATION
302 N. Main Street 727-3427
Computer Technology 727-3416
County Administrator 727-3427
County Attorney 727-3407
Finance 727-3427
Human Resources 727-3427
COURTS
Circuit Court Clerk's Office 727-3438
Circuit Court Judge 727-3440
General District Court Clerk 727-3417
Juvenile & Domestic Court Clerk 727-3418
Local Adult Probation
Criminal Justice Services 727-3450
Juvenile Probation Services
Juvenile Probation/16th CSU 727-3437
OPTIONS Program 829-2129
DAY CARE 829-2124
ECONOMIC DEVELOPMENT
308 N. Main Street 727-3410
ENVIRONMENTAL SERVICES
306 North Main Street 727-3409
EMERGENCY SERVICES
155 W. Davis Street 727-3411
FIRE and RESCUE EMERGENCY 911
Non-Emergency 727-3400
GAME WARDEN 727-3400
HEALTH DEPARTMENT 829-7350
LANDFILL 825-8559
Recycling 727-3409

LIBRARY
271 South Gate Shopping Center 825-8691
PARKS & RECREATION-
155 W. Davis Street 727-3412
PLANNING & ZONING
302 N. Main Street 727-3404
SCHOOL BOARD ADMINISTRATION -
450 Radio Lane 825-3677
Superintendent of Schools 825-3677
Food Service Office 825-8212
Maintenance Office 825-0661
School Bus Garage 825-5446
Special Education Office 829-2110
SCHOOLS -
Elementary
A.G. Richardson Elementary 825-0616
Emerald Hill Elementary 937-7361
Farmington Elementary 825-0713
Pearl Sample Elementary 825-5448
Sycamore Park Elementary 825-8847
Middle Schools
Culpeper Middle School 825-4140
Floyd T. Binns Middle School 829-6894
High Schools
Culpeper High School 825-8310
ROTC Office 825-2734
Technical Schools
George Washington Carver-Piedmont 825-0476
SHERIFF'S OFFICE
132 W. Davis St 727-3400
Administration 727-7520
Criminal Investigation 727-7523
Dare 727-7524
Dispatch Center 727-3400
EMERGENCY 911
Jail 727-3434
Joint Records Center 727-3400
Magistrate 727-3433
SOCIAL SERVICES
219 E. Davis Street 727-0372
Career Resource Center 727-1056
Day Care 829-2124
Families First 829-2065
Family Support 727-0388
Foster Care/Independent living 727-0372
Public Assistance 727-0372
Youth Services Network 727-3414
TRAFFIC VIOLATIONS 727-3417
TREASURER
135 W. Cameron Street 727-3442
Decals 727-3442
Dog Tags 727-3442
Property Taxes 727-3442
Utility Payments 727-3442
VIRGINIA COOP. EXTENSION 727-3435
VOTER REGISTRATION
Registrar 825-8441

Culpeper County Board of Supervisors

To contact your Supervisor, you may email: supervisors@culpepercounty.gov or call the County Administration Office at 727-3427, or call directly as follows:

Chair
John F. Coates
547-2619
Salem District

Vice Chair
Steven L. Walker
825-7716
East Fairfax District

William C. Chase, Jr.
399-1218
Stevensburg District

Sue D. Hansohn
825-1893
Catalpa District

James C. Lee
825-0775
Cedar Mountain District

Brad C. Rosenberger
937-4928
Jefferson District

Carolyn S. Smith
825-6295
West Fairfax District

The Board meets the 1st Tuesday of each month 10 a.m.
General County Business 7 p.m.
Public Forum
Planning Business
Public Hearings

Agendas are available prior to Board Meetings on the County Web site at www.culpepercounty.gov and in the Culpeper County Library

Email—all County addresses which were @co.culpeper.va.us are now changed to @culpepercounty.gov

Culpeper County Parks and Recreation 2003 Spring Schedule

Introductory Yoga

Learn about the many benefits of yoga. Learn to manage stress, reduce tension, and enhance oxygen intake.

Wednesdays, April 2nd – May 7th
4:00pm – 5:00pm

Instructor: **Margaret Leary, R.Y.T**

Location: A.G. Richardson Elementary School
Fee: \$38 per person

Cardio Kickboxing

An exciting choreographed interval workout using blocks, punches, kicks and combinations to achieve cardiovascular conditioning, stamina, strength, improved flexibility and motor coordination.

Thursdays, April 3rd – May 22nd
6:00pm – 7:00pm

Instructor: **Julia Peck**

Location: 303 N. Main Street, 2nd Floor
Fee: \$50 per person

Free Spirit Karate

Begin the journey of self-confidence and understanding. Learn basic karate steps and moves from a black belt instructor. Come sign-up for this ancient martial art.

Saturdays, April 19th – May 31st

Youth: 10:00am. – 11:00pm.

Young Adults & Adults: 11:00am. – 12:00pm.

Instructor: **Jeff Ferris**

Location: Free Spirit Karate

Fee: \$30 per person

Jujutsu Lessons

Learn the ancient martial arts of Jujutsu. Take your body to a whole new level, increase your confidence level, meet new people and enjoy camaraderie with your classmates. This basic class will give you the tools and skills you need to increase your overall quality and enjoyment of life.

Tuesdays and Thursdays, April 1st & 3rd – May 20th & 22nd

6:30pm – 7:30pm

Instructor: **Tom McDermott**

Location: Sycamore Park Elementary

Fee: \$50 per person

ATHLETICS

Adult Volleyball

Come on out and join the fun! It is time to increase your fitness and meet new people. Let's play some VOLLEYBALL!
Sundays, April 13th – June 1st



6:00pm – 9:00pm

Lead Volunteer: **Kevin Mozingo**

Location: Emerald Hill

Fee: \$42 per person

Adult Basketball

Ages 18 and up are invited to participate in this weekly pick-up style gathering. It is a lot of fun and a variety of competition. Please bring proof of age (ID) with you when you register. There will be two Flights of the adult basketball this year to increase the competition level.

Wednesdays, April 2nd – June 11th

6:30pm – 9:30pm (*If participation increases to a set point, players will be split into two time sessions*)

Location: Culpeper County Middle School, Gymnasium

Lead Volunteer: **Quintin Noakes**

Fee: \$32 per person

Ultimate Frisbee Pick-up League

Come experience the excitement of Ultimate Frisbee.

This fast-paced team game is a hybrid between Frisbee and Football, but without the tackling. All ages and skill levels are encouraged to participate. Instruction, rules, and lessons will be provided. This team sport is a great cardio-vascular workout that will take place in a positive social atmosphere. Come join the fun and learn a new skill and sport while you are at it!!!!

Thursdays, April 3rd – June 12th

5:00pm – 7:00pm

Lead Volunteer: **Jason Cook**

Location: Sycamore Park Elementary

Fee: \$3 per person / per night

Play Ball

Sign up for our informal sandlot softball session. Relive the time of picking up a bat and a ball, getting some friends, and playing the game. This is not a league; the participants will be split into teams once they arrive on site the day of the game. Teams will be different each week. If you want to play the game, for the love of the game, then this session is for you.

Fridays, May 9th – June 27th

6:00pm – 8:30pm (*Daylight permitting*)

Lead Volunteer: T.B.A

Location: A.G. Richardson Athletic Field

Fee: \$25 per person

Tot Time

Time to get your child involved with others in a social atmosphere. Sign your child up to participate in a wide variety of activities that will allow them to increase their social and play skills. Parents, stay, meet new friends and enjoy a playful atmosphere.

Saturdays, April 12th – May 17th
2:00pm – 3:00pm

Instructor: **Laura Lunsford**

Location: Human Services Center

Fee: \$35 per person

Movement and Flexibility

Enhance your body awareness, posture, comfort, and joy by using stretches and movement from oriental dance and yoga. We will explore rhythm, balance, and muscle control. Classes may vary from deep relaxation technique to free dance expression. All levels and body types are welcome. Come prepared to relax, move, and enjoy.

Thursdays, April 3rd – May 8th
7:30pm – 8:30pm

Instructor: **Linda Ramer**

Location: G.W. Carver-Piedmont Education Center

Fee: \$35 per person

Golden Harmony

A fun workout program that will get your blood flowing and muscles working! Program uses light weights, chair exercises, hand movements and low-impact aerobics.

Class is ongoing through May

Mondays and Wednesdays September 16th – May 16th

9:45am – 10:45am

Instructor: **Maggie Corradi**

Location: 303 N. Main Street, 2nd Floor

Fee: \$4 per person/class

Swing Dance

Does the music of the big band era get your feet stomping and your head bobbing? We have just the thing for you! This class will teach you the popular styles of the big band dance era. Come alone or bring a friend or a family member. It promises to be fun!

Wednesdays, April 2nd – May 21st

7:00pm – 8:00pm

Instructor: **John Gentile**

Location: 303 N. Main Street, 2nd Floor

Fee: \$40 per person (10% discount offered to pairs)

Culpeper County Parks and Recreation Spring Schedule cont’d

Ballroom Dance

Have you always wanted to learn how to dance? This class will teach you a number of the elegant dance steps seen in many of the worlds’ finest ballrooms. Try the Waltz, Cha-cha, Rhumba and Fox Trot, along with many others. Wednesdays, April 2nd – May 21st 8:05pm – 9:05pm

Instructor: **John Gentile**
Location: 303 N. Main Street, 2nd Floor
Fee: \$40 per person (10% discount offered to pairs)

Country Western Dancing

Have you always wanted to learn how to do the country two-step and country waltz? Come out and try the fun filled class of country specialty dances. Wednesdays, April 2nd – May 21st 9:10pm – 10:10pm

Instructor: **John Gentile**
Location: 303 N. Main Street, 2nd Floor
Fee: \$40 per person (10% discount offered to pairs)

SPECIALIZED CLASSES

American Heart Association CPR (Adult)

Class focuses on chain of survival, choking, and symptoms of a heart attack. Perform the actual skills of CPR. Thursday, May 29th 6:00pm – 9:30pm
Instructor: **Verna Mae Bretschneider**
Location: G. W. Carver-Piedmont Education Center
Fee: \$25 per person
Note: Book and Certification Card Included

American Heart Association CPR (Infant/Child)

Class focuses on chain of survival, choking and prevention of accidents. Tuesday, May 20th 6:00pm – 9:30pm
Instructor: **Verna Mae Bretschneider**
Location: G. W. Carver-Piedmont Education Center
Fee: \$25 per person
Note: Book and Certification Card Included

American Safety Health Institute (ASHI) First Aid and Safety

Topics to be discussed are heart attack, stroke, diabetes, seizures, severe bleeding and more. Practical experience will include splinting, bandaging, choking recovery and more.

Monday and Tuesday, May 5th and 6th 6:00pm – 8:30pm
Instructor: **Verna Mae Bretschneider**
Location: G. W. Carver-Piedmont Education Center
Fee: \$25 per person
Note: Book and Certification Card Included

TECHNOLOGY

Black and White Photography

Class focuses on basic photography practice, lighting and developing of photos. You will even have two classes in the darkroom! Mondays, April 17th – May 12th 7:00pm – 8:20pm
Instructor: **Brian Ashdown**
Location: 303 N. Main Street, 2nd Floor
Fee: \$50 per person
Special Note: Participants must have their own 35mm camera with manual focus lens. Also be prepared to purchase Black and White film for photography projects.

Advanced Photography

Class continues the instruction of beginning black and white photography and takes you and the art to a whole new level. Beginning photography knowledge is a prerequisite. Mondays, April 17th – May 12th 8:30pm – 10:00pm
Instructor: **Brian Ashdown**
Location: 303 N. Main Street, 2nd Floor
Fee: \$50 per person
Special Note: Participants must have their own 35mm camera with manual focus lens. Also be prepared to purchase Black and White film for photography projects, which will run the advanced class approximately \$20 per person.

PC Adventures

Have you ever watched your kids fly through computer programs like they were candy, and you were unsure of where to begin? Well, put those days behind you and hop on the information super highway. This course is geared to what you need to know and will be adjusted to meet the needs of those who sign up. (Minimal computer experience is required). Monday – Thursday, May 12th – May 15th 6:00pm – 7:30pm
Instructor: **Aaron Grace**
Location: G. W. Carver-Piedmont Education Center
Fee: \$25 per person

ARTS & CRAFTS

Early Times Workshop: Quilting

Learn quilting, a historic art form that is social, personal, and expressive. Turn your dreams into warm quilts before the cold winter winds start blowing. Tuesdays, April 15th – May 20th (Excluding Easter Week) 7:00pm – 9:00pm
Instructor: **Marty Moon**

Location: Early Times Workshop, 129 E. Davis St., Suite 190
Fee: \$60 per person.

Intermediate Quilting

Already have a grasp on the basic concept of quilting? Then move on to the next level! Wednesdays, April 9th – May 14th 6:00pm – 8:00pm
Instructor: **Joyce Calhoun**
Location: Pearl Sample Elementary
Fee: \$35 per person

Oil Painting

Learn the basics of painting from how to prepare a canvas to composition, color mixing and completion of desired imagery. Classes are taught in oils, but those already working in acrylics may bring them. Minimal-shared paint set provided, but personal materials are preferred for your own intent and development. Age not important, but serious interest is. Tuesdays, April 1st – May 20th 6:30pm – 8:30pm
Instructor: **Linda Ramer**
Location: G. W. Carver-Piedmont Education Center
Fee: \$55 per person

OUTDOOR ACTIVITIES

Horseback Riding at Andora Farm

Experience the true meaning of Horsepower. Sign up for Western Style horseback riding lessons today. Lesson programs can accommodate anyone from the seasoned rider to someone wanting to enjoy the experience for the first time. Each person will receive personal attention from the instructor, and a top quality horse will be provided. Lessons will be held in the large lighted arena. Bathroom and shower facilities are on site. Sign up today. Space is limited. Families are encouraged to stay and watch their loved ones participate. Thursdays, April 17th – May 22nd 5:00pm – 6:00pm
Instructor: **Janet Bennett**
Location: Andora Farms
Fee: \$125 per person

Culpeper Off Road

Meet new friends and put some SOLE between yourself and the road. The Culpeper Running Club allows beginners and advanced runners to train in a social setting. For more information stop by or register by mail. Currently the cost is free, and the meeting time and place will be announced at a later date. Come out and train with us. We only need a few more people.
Call: 727 – 3412 to sign-up

Culpeper County Parks and Recreation Spring Schedule cont’d

Fly Casting

Ever want to hook the fish of your dreams? Sign up for Fly Casting and learn how to place a fly in the perfect spot to trick a trophy fish. You will learn proper arm and wrist movement and how to gently float a fly into magic spots on rivers, ponds and lakes. You will also learn techniques and patterns for a variety of local fishing locations. Anglers will also explore a few special spots to practice your newly acquired skill. Learn why fly-fishing is equal parts artistry and skill. A certified fly casting instructor teaches all classes.

Thursdays, May 22nd – June 26th
6:00pm – 8:00pm

Instructor: **Paul Kearney**
Location: Pearl Sample Elementary
Fee: \$60 per person

Outdoor Adventures

Let your children enjoy and learn about the wonderful world around them. Join outdoor adventures now and explore the different creatures and habitats of the Blue Ridge Mountains. Also learn how to make a classic trail mix that will provide each one of your young explorers with nutrition to get them through the day.

Thursdays, May 22nd – June 26th
4:50pm – 5:50pm

Instructor: **Kelly Taylor**
Location: 303 N. Main Street, 2nd Floor
Fee: \$37 per person

(Special outdoor adventures will be taken during the program; each of the participants and their parents will be informed the week before of the upcoming activities.)

Dog Obedience

Do you have a new puppy that is in need of some manners training? What about an older dog that could use a refresher course? We offer two different classes for all of your doggy needs.

- A. Puppy Basic – This class teaches basic commands, socialization and dog attention. Recommended for puppies.
Tuesdays, April 1st – May 20th 10:00am – 11:00am
Fridays, April 4th – May 23rd 6:30pm – 7:30pm
- B. K-9 Good Citizen – This class will give you 10 steps to help your dog gain confidence and control.
Tuesdays, April 1st – May 20th 11:00am – 12:00pm
Fridays, April 4th – May 23rd 7:30pm – 8:30pm

Instructor: **Betty Ann Howell**
Location: 303 N. Main Street, 2nd Floor
Fee: \$60 per dog participant

PUREFITNESS: Pilates

Pilates is the integration of body and mind. The class will focus on mat work to increase the body’s core stability, improve balance and posture. You will leave this class feeling long and lean. The class will be tailored to all ages and fitness levels.

Wednesday, April 2nd – May 21st
4:00pm – 5:00pm

Instructor: **Leslie Maryk**
Location: PUREFITNESS: 509 S. Main St. Suite 131
Fee: \$75 per person

PUREFITNESS: Indoor Cycling

This high-energy class integrates music, camaraderie and visualization in a complete cardiovascular workout your mind and body will never forget! Participants use a specially designed Schwinn stationary bike along with a simple set of movements, hand positions, and heart rate training to deliver an empowering ride. Benefits: increase cardiovascular capacity; decrease body fat stores, cholesterol and stress.

Saturday, April 5th – May 10th
9:30am – 10:30am

Instructor: **Leslie Maryk**
Location: PUREFITNESS: 509 S. Main St. Suite 131
Fee: \$50 per person

PUREFITNESS: Aerobics / Step Class

The PUREFITNESS Aerobics / Step Class consists of three different workouts. Each class works a different muscle group and increases confidence every step of the way. The different workouts are listed below. Day Care is provided!

Lo N’ Lean: A low impact, high intensity workout for all populations, especially beginners to exercise. Cardio, strength, flexibility and stretching complete this incredible yet relaxing workout. (***Mondays***)

Interval / Weighted Step: This workout combines intervals of Step with light hand held weights and strength training in intervals using Dynabands, Theratubes, and weighted bars. ALL LEVELS (***Wednesdays***)

Total Body Conditioning: Re-contour your body through muscle strengthening and shaping resistance exercises using hand weights, tubing, Body Bars, Exerballs and Dynabands. Improve muscular endurance; correct body alignment and help prevent injury.

ALL LEVELS (***Fridays***)
Continuing Enrollment: M, W, F
9:00am – 10:00am

Instructor: **Leslie Maryk**
Location: PUREFITNESS: 509 S. Main St. Suite 131
Fee: \$90 month for 3 month session of 3 classes per week (***paid through Parks and Recreation***)

Congratulations!!

To Elizabeth Pearson, Will Russell, and Christianna Trout, winners of the Healthy Culpeper Teen Subcommittee questionnaire entitled “Are you bored in Culpeper?” The questionnaire was prepared and distributed to both middle and high school students asking what type of activity Culpeper youth thought would interest their peers. The results produced three winners. Each received a gift certificate from Wal-Mart, Café Fairfax or Ruby Tuesday.

Culpeper County Parks and Recreation

COUNTY PARKS

Spilman Park is located on Route 621, a relatively pristine area of Jefferson District. Recently the park has undergone several improvements for the enjoyment of County residents. They include a park entrance identification sign, an iron rod fence enclosing the lone standing chimney on the property, and a wood split rail fence separating the multipurpose field from Route 621. Along with this, the Department's future enhancement includes adding a preschool playground unit, a 2,200 foot circular trail and a smaller inner trail.

Spilman Park is available, by reservation, for picnics and other functions. The Parks and Recreation Department offers a "Picnic Sport Pack" filled with sporting equipment and games for a small rental fee and refundable deposit. For more information or to reserve the pavilion at Spilman, please contact the Parks and Recreation Department at 540-727-3412.



The Pavilion at Spilman Park



Old A. G. Richardson Park

Old A.G. Richardson Park is located behind the Human Services Building off Old Fredericksburg Road. The park received a much-needed waterline for field irrigation purposes. The site also features a new pair of soccer goals for practice or organized games. Reservations for field use are being accepted at the Parks and Recreation office. Organized groups requesting field use are expected to provide a certificate of liability. For more information or to reserve Old A.G. Richardson's field, please contact the Parks and Recreation Department at 540-727-3412.

.....Share-the-Fun

Do you dream about starring on the big screen? Are you destined to be on American Idol? If you are a 9-19 year old living in Culpeper County who has a hidden or not so hidden talent, you will enjoy participating in **Share the Fun**. This talent show, which is co-sponsored by VCE and Culpeper Parks and Recreation Department, provides Culpeper youth with the opportunity to demonstrate and be judged on their talents while having fun! **Only 20 acts** will be allowed to participate, so mark your calendars to **register on or before March 24th**. Participants will need to audition, participate in a practice session, a dress rehearsal and the **final performance**, which will take place **April 12th**. Don't wait to begin preparing your act!! You and up to three others can perform a talent in one of the following categories: Vocal, Instrumental, Dance, Drama, Variety, or a combination of two of the above. For further information, call **Jenny Kaspas** at 727 - 3435, ext 347 or **Jason Cook** at the Parks and Rec. office.

Auditions: April 3rd, 3:15pm - 5:00pm

Practice: April 4th, 3:15pm - 5:00pm

Dress Rehearsal: April 10th, 3:30pm - 7:00pm

Performance: April 12th, 1:00pm - 6:00pm

Location: Culpeper High School

Fee: Free

Special Announcement

Culpeper County's Parks and Recreation Department is looking for a few good people to help us run the upcoming leagues.

- Adult Softball: Summer
- Ultimate Frisbee: Summer
- Ping Pong Tournament: Spring - Summer

We would also like to hear if you are interested in **participating**. Please call the Parks and Recreation office at **(540) 727 - 3412**. Ask for your name and number to be put on the Roster for further information. In the team events such as Softball, Kickball, and Ultimate Frisbee a full team will be required in order to sign up.

Step out with Parks and Recreation...

Culpeper County Parks and Recreation

Two New Programs for Senior Citizens

Two new senior citizen-based programs are on the horizon for Culpeper residents this year, a walking program and an activity club located in Jeffersonton.

Building on the success of its Silver Citizens Club, Culpeper Parks and Recreation is seeking to expand its services and programs to serve a larger portion of the County's elderly population.

"We want to offer a wider variety of quality programs to the County's senior citizens," said Marshall Conner, Parks and Recreation's senior citizen coordinator. "We want out-of-town Culpeper residents to have the new opportunities to enjoy programs."

The walking program is slated to begin on April 7, 2003, while the start of a new senior activity club is tentatively penciled in for late April or early May.

"I want to utilize the Jeffersonton Community Center as a place for seniors to socialize, play games, listen to speakers and participate in other fun-filled activities on a different day than our Silver Citizens Club," commented Conner. "The walking program is designed to increase the health of seniors and utilize the natural beauty of our County's existing parks."

Here's a sample of what the new walking program includes:

The Silver Pathfinders, a Culpeper County Parks and Recreation brand

Get on the Path to Health and Fitness!

**Starting April 7th 2003 join Culpeper Parks and Recreation's Silver Pathfinders
A Brand new Walking Program Designed for Adults 55+**

Start with just five minutes a day four times a week. Add a few minutes each week to your daily walk. Make walking a part of every day and feel the results! The best part is you will see the results too.

Walk with a friend, join as a group, or walk by yourself for at least 30 minutes four times or more each week for 12 weeks and receive a special Silver Pathfinder Award.

- **Set reasonable "do-able" goals for time or distance.**
- **Work up to 30 minutes of regular physical activity into most or all days of the week.**
- **Enjoy presentations by health-related speakers and walking experts**
- **Log your mileage in your walker's logbook each time you walk.**
- **Celebrate your success!**
- **Receive a free walking log and special tips about walking at each meeting.**

For an annual fee of just \$8 participants will receive loads of walking info. Join us at Yowell Meadow Park at 9 a.m. on April 7th to start putting some pep in your step this spring.

new wellness initiative, will aid residents' aged 55 and older to walk their way to better health and improved physical fitness.

Silver Pathfinders participants will get a walker's logbook packed with helpful hints to make walking a safe, fun and beneficial experience. Participants can walk alone, with a friend or with a group, and each walker gradually works up to walking 30 minutes, or the equivalent of two miles per day, four or five days a week. Participants can track their progress in the logbook and those who walk regularly for 12 consecutive weeks receive a Certificate of Achievement.

Walking is one of the best ways for people of any age to become and stay fit. Participants in the Silver Pathfinders can make major strides toward preventing diseases such as obesity, heart disease, diabetes, stroke, osteoporosis and osteoarthritis.

Put one foot in front of the other today. Let's get motivated and become more active, healthy and physically fit!

What's new with the Silver Citizens Club?

The Silver Citizens Club continues to be one of Parks and Recreation's largest and most active programs. Its 180 current members continue to enjoy a wide range of activities, trips, speakers and special programs. They are active, informed and pretty darn fun.

Last fall the Silver Club visited the National D-Day Memorial in Bedford, Virginia on Veterans Day and Baltimore's Inner Harbor.

"We wrapped up a another great year for the group, and we are excited about 2003," commented Conner. "We are going to see *Fiddler on the Roof* at the Riverside Dinner Theater in March, and we are planning other trips for the summer."

D-Day veteran and former U.S. Navy underwater demolitions specialist recounted his World War II experiences.

The Silver Citizens meet each Wednesday from 10 a.m.-2 p.m. in the Culpeper County Library. Drop by for a visit, or for details on what the group is up to, contact Parks and Recreation at (540) 727-3412.



Culpeper Parks and Recreation Program Registration

How to Register

By Mail

- Complete a registration form and mail with payment to Culpeper County Parks and Recreation, 155 W. Davis Street, Suite 100, Culpeper, Virginia 22701. Please include a self-addressed, stamped envelope if **you require** registration confirmation.

Walk-In

- Registration will be accepted at the Parks and Recreation office, at 155 W. Davis St. Suite 100 from 8:00am to 4:30pm, Monday through Friday (except holidays).

Additional Registration and Program Information

Registrations:

- Registrations are welcome upon distribution of class information.
- Walk-in registrants will be given priority over mail-in registrants.
- Telephone registrations will *not* be accepted.

Refunds:

- A pro-rated refund (less \$3 processing fee) will be issued if Parks and Recreation department has been notified by the first class date.
- Refunds for one-day activities and all bus/van trips are not possible during or after the event. Full bus trip refunds are given if substitute(s) can be found before the trip date.

Cancellation Policies:

- The Parks and Recreation Department reserves the right to cancel activities for any reason. Full refunds are given for any canceled programs.
- The Parks and Recreation Department programs will be canceled when Culpeper County Public schools cancel or close early, for inclement weather, natural disasters or other occurrences.
- Please listen to the following radio stations for closing announcements: WC103FM, WCVA, 92.5 AM, WGRQ, 95.9 FM and WGRX, 104.5 FM.

Parks & Recreation Registration Form

Name _____ DOB _____

Address _____

Home Phone _____ Work Phone _____

Emergency Contact _____ Phone _____

Program Name _____ Day _____ Time _____ Cost _____

Assumption of Risk and Release: In agreeing to participate in the program, as an adult participant or as a parent of a guardian of a participant, I and/or the participant do hereby affirm that the general health of participant is good, and that the participant is not adversely affected by exercise, and that the participant is capable of performing an activity of this nature.

In consideration of participating in this activity, I and/or the participant do hereby assume all risk of any injury to the participant and will indemnify and hold harmless, from any and all liability, action, cause of action, claims, and demands of every kind or nature whatsoever that I and/or the participant have or which arise of or in connection with my participation in this activity, the County of Culpeper, Virginia, the County Board of Supervisors, the Culpeper County Department of Parks and Recreation, the Culpeper County School Board, the Town of Culpeper, and all their officers, agents, employees, staff, volunteers and successors.

It is likewise assumed and agreed that the participant will, at their own expense, wear the proper clothing and protective equipment during the activity, and that it is the responsibility of the participant or parent or guardian to make sure the criteria is met. I grant my permission to the county or its agents to transport the participant to and from an event or activity when required and hold harmless those assigned to transport. I also agree to allow transportation of the participant to the nearest physician or hospital for medical treatment, and agree to allow for immediate first aid to the injured participant, if and when deemed necessary.

Participant, Parent, Guardian Signature

Print Name

E-mail Address

Date

Culpeper Parks and Recreation, 155 West Davis St., Suite 100 Culpeper, Virginia 22701

Phone: (540) 727-3412

Fax: (540) 727-2802,

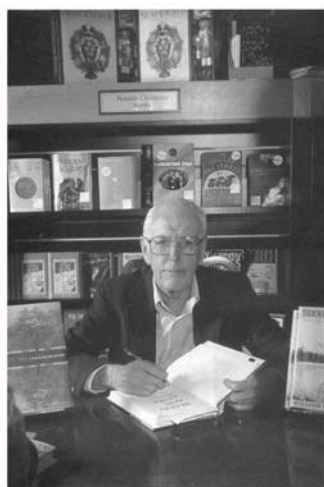
Website: www.culpepercounty.gov

Amount Paid _____ Cash _____

Balance Due _____ Check _____

Date Paid _____

Culpeper County Library



Join the Friends of the Culpeper County Library Sunday, May 4 for a book discussion and desserts.

Nationally acclaimed Virginia mystery / suspense author William Hoffman will pay a return visit to the Culpeper County Library on Sunday, May 4, at 3:00 p.m. Mr. Hoffman spoke to a sold out audience in the Library last May. His newest novel Wild Thorn was recently published, and he will be signing copies. Light refreshments will be served after his talk. Tickets are \$5.00 and will be on sale in April.

The Library offers **Bedtime Storytimes** each Tuesday at 7:00 pm. These walk-in events are suitable for the whole family. Bedtime Storytimes feature interactive storytelling, songs, and activities for pre-school and school-age children. Children are invited to wear pajamas and slippers and to bring their favorite teddy bears. The Library staff will also present one Bedtime Storytime each month as a Holiday Special. **Bedtime Storytimes** are free, and registration is not required. For more information, call Diana Cmeyla or Susanna Spencer at 825-8691.



Ventriloquist, storyteller, and musician Tyrone Travis will be performing for children of all ages at the library on **Tuesday, February 11**, at 7:00 p.m. Come one, come all!



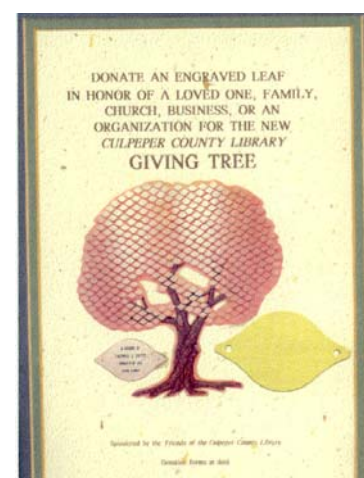
Watch for our annual **Friends of the Library Pansy sale**. Weather permitting the date will be a Saturday in March. We'll keep you posted with more information.

Homework Help is available! Get help with your homework from the live online tutors at Tutor.com. This service is available from 6 - 11 p.m. nightly through your library's website at <http://tlc.library.net/culpeper>. Also, check other links to school assignments on our web site. There is even practice for the SOLs.

For that Special person? Try honoring someone with a leaf on the Giving Tree located in the Meeting Room at the Library. It's a perfect gift for birthdays, anniversaries, Valentine's Day or just to say thank you. Applications are available at the Circulation Desk. Or, try one of our big, roomy canvas bags filled with books from our bookstore.

FRIENDS OF THE LIBRARY BOOKSTORE HOURS:

Monday: 10:30 a.m. - 12:30 p.m.
Thursday: 5 p.m. - 7 p.m.
Saturday: 11:30 a.m. - 1:30 p.m.



You will find books and related materials for all ages and interests. Our prices are truly a bargain. Also, look over our offerings on the bookstore shelf, located to the right as you enter the Library. Donations of new or used books are accepted during all regular library hours. If you would like to volunteer, please call Jean Harris at 829-4950.

Culpeper County Library *cont'd*

Adult Reading Program

Thought last year's Adult Reading Program was exciting? This year's grand prize promises to be even better—an exciting two day, relaxing cruise. More details will be forthcoming. The program will start February 1. The Frenchman's Corner will be donating boxes of Belgian chocolates, and the Friends of the Culpeper County Library will help sponsor the cruise.

5th Annual FOR A CHILD'S HEALTH will be held inside and outside the library on Saturday, **April 26** from 1:00 - 4:00 p.m. For the kids there are free snacks, give-aways, ambulances, fire trucks, the Crime Scene Dogs, and a special landing of the Air Care medi-vac helicopter. For the Parents, 35 family focused agencies will be there to display their resources and answer questions.



They're all the rage. The library recently began acquiring "graphic novels." According to the School Library Journal ("What Teens Want," August 2002), the term was coined by comics pioneer Will Eisner and refers to "meatier and fuller-length comic books." The books focus on various themes, including superheroes, science fiction, and fantasy. Many originate with the Japanese tradition of manga - a drawing style you might recognize from the Pokemon characters.

Because graphic novels are a visual medium, they attract teens--especially many who otherwise avoid reading books. This does seem to be the case; the books are disappearing from our shelves almost as soon as they arrive. Check them out in the Young Adult non-fiction section!

Full Circle Thrift Store

Full Circle Thrift is a non-profit, non-stock corporation in the Town of Culpeper. Full Circle Thrift is organized exclusively for charitable and educational purposes and to sell new and used items. A board of directors is appointed by the Culpeper Department of Social Services, which governs Full Circle Thrift. Full Circle Thrift opened for business at the end of January 2003. Its main purpose is to accept donated items for resale. Items include, but are not limited to, furniture, household appliances, office equipment, clothing, children's toys and books, lawn and garden equipment, and other goods. All donated items must be in good working order. Clothing should be clean and neatly folded or on hangers. Items may be dropped off on Saturdays from 11:00 a.m. to 4:00 p.m. at 227 Waters Place in the Town of Culpeper (behind Tom's Meat Market).

The objective of the Full Circle Thrift is to generate revenue from the sale of donated items, and to return the proceeds to the community. The proposed community benefit includes 50% for a recreational center with an indoor swimming pool, 25% for emergency services, and 25% for family and elder services. It is recommended that separate escrow accounts be established for each of the above so that individuals or businesses can make a tax-deductible financial contribution to a specific area of interest. Please call 540-727-8716 for additional information.

Medication Access Program

The Medication Access Program of Culpeper (MAP) helps the financially burdened neighbors in our community obtain often life-sustaining prescription medicines, which in many cases are simply too costly for them to purchase. MAP is a collaboration of the Culpeper medical community and the Culpeper Department of Social Services (Culpeper County DSS). The program is located and managed under the Free Clinic of Culpeper and is a grant-funded program by the Culpeper County Department of Social Services.

In the first year of operation, MAP assisted in providing over \$200,000.00 worth of donated medicine to almost 150 patients with absolutely no costs to them.

Patients must live in the Town or County of Culpeper, have Medicare and be referred by a participating physician. Patients must not have any insurance or a prescription care that covers prescriptions in whole or part, either through copays or reimbursement. Income guidelines vary greatly among pharmaceutical companies, but the averages are \$16,000 per year or less for an individual or \$25,000 per year or less for a family of 2 or more. Some guidelines are lower depending on the company. All patients must provide proof of income, and any other necessary financial documentation, with the application and supply updated information as needed. The pharmaceutical companies make the final decision regarding patient eligibility and whether they will donate the medication to the patient.

Once the application has been completed, signed by the physician and mailed to the pharmaceutical company, it can take up to 2 months or more to get the medication.

For additional information about the program, please call 829-4900.
REMEMBER, YOUR DOCTOR MUST REFER YOU TO THE PROGRAM. The office is located at 610 Laurel Street, Suite 3, in Culpeper. The office hours are Monday and Wednesday, 9:00 a.m. to 12:00 p.m.